

# Special Supplemental Nutrition Program For Women, Infants, and Children (WIC)

## What type of Aid is offered?

- Nutritious foods, nutrition education, and access to health care for low-income pregnant women, new mothers, infants, and children under five years old who are at nutritional risk.
- Vouchers for supplemental food items that meet the special dietary needs of program participants, such as milk, infant formula, juice, cereal, cheese, and eggs.

## Who qualifies?

- Pregnant women, new mothers, infants, and young children who qualify based on:
  - 1) Family income level—up to 185% of the federal poverty line
    - A family's financial eligibility for WIC depends on income eligibility standards and risk factor priorities set by the state of Nebraska within U.S. Department of Agriculture guidelines.
  - 2) Nutritional risk factors such as inadequate diet; abnormal weight gain during pregnancy; history of high-risk pregnancy; child growth problems such as stunting, being underweight, or anemia; homelessness; and "migrancy."

## How to apply

- Gather documents providing the residence and income of everyone in the family, and the age and identity of program applicants.
- Contact the Nebraska or local health department to find the address for the nearest WIC clinic and to ask which specific documents WIC applicants may need to bring when applying in person.

## IMMIGRANT ELIGIBILITY FOR FEDERAL WIC ASSISTANCE

### Eligible Immigrants

- **All immigrants** are eligible, regardless of immigration status.

### Ineligible Immigrants

- None.

**Fact sheet Information Source:** National Immigration Law Center. (2002). *Guide to Immigrant Eligibility for Federal Programs* (4<sup>th</sup> ed.). Los Angeles, C.A. : Author.



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